

# PROSTATE BUDDIES



*Patients Supporting Patients*

*Scottish Charity No: SC049385*

**Have you been diagnosed with Prostate Cancer?  
Are you undergoing treatment for Prostate Cancer?**

## Maybe you need a Buddy?

A Buddy is:-

Someone who has/had prostate cancer,  
and been through the treatments.

Someone who is happy to share  
their experience of their cancer treatment.

Someone who is happy to listen and  
give support, drawing on experience.

Someone who can help you –  
find the information you need.

Someone who has undergone training as a buddy.



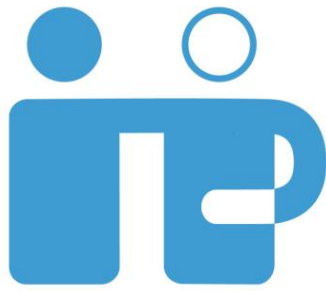
**Open Meetings will be held on the  
last Wednesday of each month at  
Dumfries Baptist Church Centre,  
Gillbrae Rd, Dumfries DG1 4EA.**

**From 7.00pm – 9.00pm**

**Support Line 07856 899411 / 2 / 3 / 4 or 407**

**1 in 8 men will get  
prostate cancer**





*Patients Supporting Patients*

**PROSTATE  
BUDDIES**



*Scottish Charity No: SC049385*

We are a support group based in Dumfries, here to help men who have recently been diagnosed with, or are concerned about, Prostate Disease or Prostate Cancer.

**Backed by the Prostate Scotland Charity  
& by NHS MacMillan Cancer Support.**

We are here to chat through, informally,  
what happens next?  
Where you can get more help and advice,  
or just talk through your concerns.

If you have been diagnosed with Prostate Cancer and would like to have the support from others who have been through it, come to one of our Open Meetings in the Dumfries Baptist Church Centre, Gillbrae Rd, Dumfries. DG1 4EA. on the last Wednesday of every month. They are free to attend and you can visit as often as you wish. Who knows you may want to volunteer yourself.



For more information visit:

[www.prostatebuddiesdandg.org.uk](http://www.prostatebuddiesdandg.org.uk)

or

[www.prostate.scotland.org.uk](http://www.prostate.scotland.org.uk)

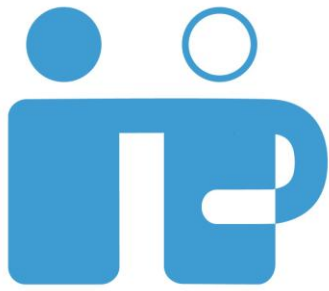
or

[www.macmillan.org.uk/information-and-support/prostate-cancer](http://www.macmillan.org.uk/information-and-support/prostate-cancer)

or

Contact our Support Line: 07856 899411 / 12 / 13 / 14 or 407





PROSTATE  
BUDDIES



Patients Supporting Patients

Scottish Charity No: SC049385

Have you been diagnosed with Prostate Cancer?  
Are you undergoing treatment for Prostate Cancer?

## Maybe you need a Buddy?

- Someone who has/had prostate cancer and been through the treatments.
- Someone who is happy to share their experience, of their cancer treatment.
- Someone who is happy to listen and give support, drawing on experience.
- Someone who can help you – find the information you need.
- Someone who has undergone training as a buddy at: *maggie's*

### How can a buddy help?

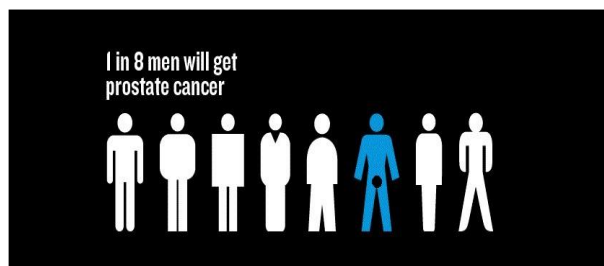
Prostate Buddies D&G can give support to other men by talking about their own cancer experience, issues they faced at work and in day-to-day life.....This can be done at 1:1 meetings, by telephone, or alternatively come to one of our OPEN meetings held in the Dumfries Baptist Church Centre on the last Wednesday of every month from 7.00pm – 9.00pm.

Visit the websites below for more information:

[www.prostatebuddiesdandg.org.uk](http://www.prostatebuddiesdandg.org.uk)

[www.prostate.scotland.org.uk](http://www.prostate.scotland.org.uk)

[www.macmillan.org.uk/information-and-support/prostate-cancer](http://www.macmillan.org.uk/information-and-support/prostate-cancer)



MACMILLAN  
CANCER SUPPORT